Rights and resources for STEM parents

Finding support
Connect with others and advocate

Moms in Proteomics
Resources for parents at NIH (intramural)

More resources
Federal harassment policies
NIH parental policies
NSF career-life FAQs
Re-entry supplements via NIH and NSF

Parental rights
While every person will have unique rights depending on their country, state, institution, sex and job title, these resources will help you understand your rights as a pregnant person and/or parent.

- Pregnancy discrimination
- Pregnant Workers Fairness Act
- FMLA protections (Federal)
- State FMLA laws
- Title IX basics
- The PUMP Act

Planning
Is there a best time?
NPA Pregnancy and Maternity Guide

Lab safety
Laboratory exposure as a pregnant person
Unique chemical risks for pregnant researchers